

# Julie B. Hickerson MA, LPC

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## *Curriculum Vitae*

### Formal Education / Honors/Licensure

**Master of Arts Degree in Counseling Psychology**, West Virginia University, Morgantown, WV 2003

**Bachelor of Science Degree**, School of Psychology, Towson University, Towson, MD 1993  
Cum Laude Honor, GPA 3.6-Major GPA 3.81

PSI CHI-National Honor Society for Psychology Students  
National Dean's List for Outstanding Students  
Outstanding Teaching Assistant Award-Towson University 1992  
**LPC Licensure in Virginia #0701006516**

### Internships

#### **Graduate School Internships:**

***Eastridge Health Systems, Berkeley Springs, WV***  
***Mental Health Center of Washington Co, Hagerstown, MD***

- Provided mental health counseling to adults and children under the supervision of practicum and internship supervisors (LPC's)-900-hour internship

#### **Internship (Undergraduate):**

***Sheppard & Enoch Pratt Hospital, Towson, MD***

- Organized non-clinical activities for Chronic Schizophrenia Inpatient Unit
- Observed and assisted in group topic preparation
- Observed/ participated in group therapy with licensed therapist and inpatient residents
- Attended and provided input in treatment team meeting
- Volunteered 1991-1993

### Professional Experience

**Owner-Private Practice: Peace of Mind: Personal Growth and Therapeutic Services LLC.**

LLC established in Dec. 2015-practice to officially open May 2016

**Regional Director of Business Development**

4/2014-7/2015

Diamond Healthcare Corporation-Richmond, VA/Valley Health  
Winchester, VA

\*Developed and implemented regional area marketing plan for existing services and new program development for all Inpatient and Outpatient Behavioral Health Services (including ECT) for Valley Health Systems.

\*Maintained, developed and promoted quality BH Services by serving as the QA contact for Behavior Health services within the community.

\*Developed marketing/educational campaigns to reduce the stigma of mental illness within the community by joining our hospital's services with the iFred Awareness Campaign (founder Kathyn Geotz). Sunflower emblem adopted.

\*Presentation speaker for MH related topics. Periodic media coverage for promotion of services. Creation of workshops pertaining to mental health.

- \*Co-Creator of "Planning for the Road Ahead"-annual senior resource networking event. Event in its 5<sup>th</sup> year in 2016.
- \*Updated TDO-Polycolm/telemedicine systems for Valley Health Systems with Supreme Court approved equipment. Wrote and obtained grant funding to support some costs of project.
- \*Planned and developed 2 Senior Mental Health Programs for VH. Duties: new program set up, participated in hiring of new employees, patient assessments for eligibility into services, policy and joint commission survey preparation. Conducted therapy groups in absence of therapist as a RIC.
- \*Assisted in planning/development of 10 Bed Inpatient Geriatric Unit (to open in 2016).
- \*Assisted in planning/development Psychiatric Long Term Care Project for local nursing and assisted living facilities.
- \*Assisted Executive Director with resolving budget/revenue issues, census and state bed registry updating, creation of patient satisfaction surveys, referral source surveying, improvement of inpatient and outpatient discharge planning procedures.
- \*Participated in hospital wide Behavioral Health related meetings: TDO Forum, BH/ED Collaborative. Monthly Psychiatric Department Meetings, LHRC (Local Human Rights Committee), Prescription Team at Dept. of Social Services & Heroin Task Force Meetings etc.
- \*Responsible for obtaining the "Get-Well Network" for BH Inpatient Unit
- \* Any other duties as determined by Executive Director of Valley Health Behavioral Health Services.

**Coordinator of Outreach-Behavioral Health Services**

**Crisis Care Intake Worker/ED**

2/2012-to 4/2014

Diamond Healthcare Corporation/Valley Health  
Winchester, VA

Conducts marketing, public relations, and quality assurance of services rendered through behavioral health-inpatient, assists in the development of future programs for behavioral health, conducts community and staff education on psychiatric topics, attends departmental meetings and serves on various committees concerning topics of behavioral health, patient issues and community needs. Assist VH Intake Staff with conducting assessments in the ED when needed. Other duties as assigned by Program Director/BH. CISM Certified. LPC Residency.

**Clinical Coordinator/Therapeutic Day Treatment**

2009-2/2012

Family Preservation Services, Inc., Winchester, VA

Responsible for the coordination and supervision of activities related to the TDT counseling program in Winchester, VA. Provides clinical supervision and training to counselors for maintenance of clinical integrity, reviews clinical documentation and performs file audits, completes assessments for day treatment admissions, handles crisis and risk management situations, processes payroll, plans and supervises summer program operations, facilitates month staff meetings, prepares annual evaluations of counselors' performance, serves as a liaison between TDT program staff and school personnel- as well as linkage to outside referral sources, interviews, hires and orients new staff to the program, currently pursuing LPC licensure in the state of Virginia.

**IIHS In-Home Counselor**

Family Preservation Services, Inc., Winchester, VA

2008 to 2009

- \*Provides counseling services to children and their families (LPC Residency).
- \*Conducts clinical assessments, developed ISP's, and parent skill training through use of proper therapeutic interventions.
- \*Established and maintained working relationships with other community agency professionals.
- \*Provided on-call crisis intervention services to clients as necessary.

### **Marketing Assistant (Ex-Husband's Corporation)**

DB Marketing Inc., Winchester, VA

2001 to 2008

- Conducted direct mail marketing research for growth opportunities/company expansion.
- Performed general office duties including but not limited to: maintaining files, arranging travel, management and training of staff, payroll.

### **Mobile Treatment Caseworker**

The Mental Health Center of Washington County, Hagerstown, MD

2000 to 2001

- Assessment of client's daily living skill abilities/ mental health issues, wrote ISP's, conducted crisis intervention as needed, and other levels of service planning.
- Monitored medications and performed medical case management.
- Offered vocational counseling and determined eligibility for various financial assistance programs.
- Encouraged follow through of treatment and services to enhance client's growth and independence.

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### **Professional Experience Continued**

#### **Targeted Case Management Caseworker**

Potomac Case Management Services, Inc., Hagerstown, MD

1999 to 2000

- Created individual ISP's for clients' with chronic mental health issues. Encouraged growth and development in areas of social skill development, daily living and educational endeavors.
- Provided case management services and linkage to other community resources.
- Acted as an advocate for the clients' and provided family support counseling.

#### **Adult Day Services Program Social Worker-Geriatrics**

East Ridge Health Systems/SLS of Morgan County, Berkeley Springs, WV

1998 to 1999

- Marketed and promoted the program's services to human service organizations and to the community.
- Conducted new participant intakes, determined eligibility and financial funding sources.
- Completed Medicaid and psychological assessments, developed individual service plans.
- Linked clients to other community services and provided support to the clients loved ones.
- Held educational workshops, mentored and supervised volunteers.

#### **Qualified Vocational Rehabilitation Professional/Supervisor**

Hollingsworth Rehab, Martinsburg, WV

1996 to 1998

- Provided injured workers with vocational and medical case management.
- Created individualized rehabilitation plans-ranging from job development to college level re-training.
- Supervised and recruited new counselors across a four state region.

### **Additional Experience**

**QMRP Specialist/Supervisor for ID Group Homes**, Stonebrook, Inc., Martinsburg, WV

**ID Case Manager**, Eastern Panhandle Training Center, Martinsburg, WV

**Psychiatric Technician**, Winchester Medical Center, Winchester, VA

**Teaching Assistant-Psychology 101**, Towson University, Towson, MD

## Volunteer Experience

<b>Knights of Columbus/Catholic Charities Soup Kitchen</b>	2015
<b>WATTS Shelter for the Homeless</b>	2015
<b>Board Member</b>	
NAMI (National Alliance on Mental Illness)-NSV Board Member	2012 to Present
Henry & Evans Home for Children, Inc. /Volunteer Project Diamond Healthcare	3/2013
Next-Step Public Charter School, Washington, DC	2007
➤ Held monthly support group for high school girls in ESL program- discussed topics related to job readiness, post-secondary endeavors, anger management, and self-esteem issues	
<b>Volunteer</b>	
Virginia Avenue School/Charlotte Dehart, Winchester, VA	2005 to 2006
➤ 1st grade reading program-encouraged academic growth through expansion of literacy skills	
<b>Volunteer</b>	
Martinsburg Women's Shelter, National Alliance for Mental Illness, and Meals on Wheels	1999 to 2001